

# BUSY MUM



# *Deep Clean*

# CHECKLIST

DATE: \_\_\_\_\_

№	AREA: KITCHEN
1	Deep clean oven
2	Empty and clean refrigerator
3	Clean microwave
4	Wipe down cabinets and light fixtures
5	Defrost freezer and remove expired food
6	Deep clean dishwasher
20	

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DATE: \_\_\_\_\_

№	AREA: BATHROOM
1	Deep clean shower/bathtub
2	Clean and disinfect toilet
3	Wipe down mirrors and counter
4	Wash shower curtain and bath mats

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DATE: \_\_\_\_\_

No	AREA: LIVING AREAS
1	Vacuum furniture and spot clean
2	Dust curtains/ blinds
3	Dust bookshelves, electronics, and other decorative items
4	Wipe down skirting/ baseboards and door frames
5	Clean windows and mirrors
6	Organise, declutter, and vacuum entryway

